

**2<sup>nd</sup> ANNUAL STEVE'S ENCORE RUN/WALK for HEART HEALTH  
REGISTRATION FORM  
SATURDAY, JULY 26, 2008 9AM**

Easy Online Registration powered by  (\*additional fee may apply)  
Printable downloadable form also available at : <http://www.slhs.us/hintz>

ENTRY AND RELEASE OF ALL CLAIMS: In consideration of acceptance of my entry into the Steve's Encore Run/Walk on July 26<sup>th</sup>, 2008, I release any and all presenting and/or supporting sponsors and their respective employees and agents, and any other individuals who are in any way connected with this event (including volunteers assisting with this event) from any liability or claims for any injury or illness that I sustain during my participation in this event or that is in any other way related to this event. I understand this release applies to myself and my personal representatives, heirs and assigns. I represent that I have adequately trained to participate in this event, recognize that risks of injury and/or death accompany such participation and acknowledge that this release is being relied upon by the above persons in permitting me to participate. In accordance with USATF sanction, I am aware of the voluntary drug testing that may take place, and certify that in accordance with the rules of USATF and the IAAF, I am eligible to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other records of this event for any legitimate purpose.

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(Area Code) Telephone					

Signature required on above line

Date

**Make checks payable to Dale Stelter  
Mail registration form and payment to:  
SLHS PO Box 295 Somers, WI 53171**

If participant is under 18 years of age, signature of legal guardian is required!

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**Starting Times**

**Packet pickup/Race Day Registration....7:00-8:40 AM**  
**5K Run.....9:00 AM**  
**1.5 Mile Fun Run/Walk.....9:05 AM**

Starting Line:  
 Wayne Dannehl National Cross Country Course-5K start  
 Free drawings immediately following completion of 1.5 M Fun Run/Walk

**Entry Fees**

**Pre-Registration by 07/18/08.....\$15**  
**Pre-Registration Family by 07/18/08 (limit 4).....\$50**  
**Individual (after 07/18/08).....\$18**  
**Family after 07/18/08 (limit 4).....\$65**

**RAIN OR SHINE! NO REFUNDS!**

**Etc...**

Water available about halfway through 5K course and near the finish line. Entry fee includes goodie bags, custom designed t-shirt\*, snacks and beverages and FREE drawings for great prizes. \*T-shirts not guaranteed for registrants after 07/18/08.

**About Steve's ENCORE RUN/WALK**

This event is in memory of Stephen C. Hintz, loving husband, father, uncle, grandpa, son, brother, teacher, pastor and friend who passed away in September 2006 following a heart attack. An encore is "an extra or repeated performance." By holding this event, we are repeating the run that Steve loved so much. We dedicate this event to his memory and encourage everyone to keep their hearts healthy through exercise and their minds strong through education. To this end, all profits from the event will be donated to supporting heart research and awareness and the students at Shoreland.

**Awards**

(5K run only) 1<sup>st</sup> place overall for each gender and 1-3 in each age group for each gender.  
 13 years and under      35-44 years  
 14-18 years                45-54 years  
 19-24 years                55-64 years  
 25-34 years                65 years and up

**Driving Directions from I-94**

Exit 339-CR-E east 4 mi to Hwy 31, go left (north) on Hwy 31 0.5 mi to CR-JR, go right on JR, course will be on right, pass course to parking at UW-Parkside Comm/Arts Lot

**Course Description**

The Wayne Dannehl National Cross Country Course trails are rugged and partially wooded consisting of grass, gravel, wood chips and possibly mud! Challenge yourself to set a personal best on this hilly course or enjoy the fresh air and tree-filled setting during the fun run/walk! **No pets please!**